

10 Things You Can Do To Handle Difficult Situations.



Benjamin Mizrahi, Behavioral Specialist
www.facebook.com/BenjaminMizrahi
www.MrMizrahi.com

Walk away



Reflect and appologize



Do A Physical Exercise That You Like



Write about it in your diary



Join a different game



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Ask them to stop



Ask an adult to help



Strive to reach an agreement



Talk it out



Ignore it- let it go



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